



▶ The Flute in 3D

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THE NATIONAL FLUTE ASSOCIATION
Inspiring Flutists, Enriching Lives

Healthy
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Guided workshop activities

3D geometric forms which mirror the harmonic movement of human anatomy



Spiral forms of plants found in nature related to the rotation of the human body

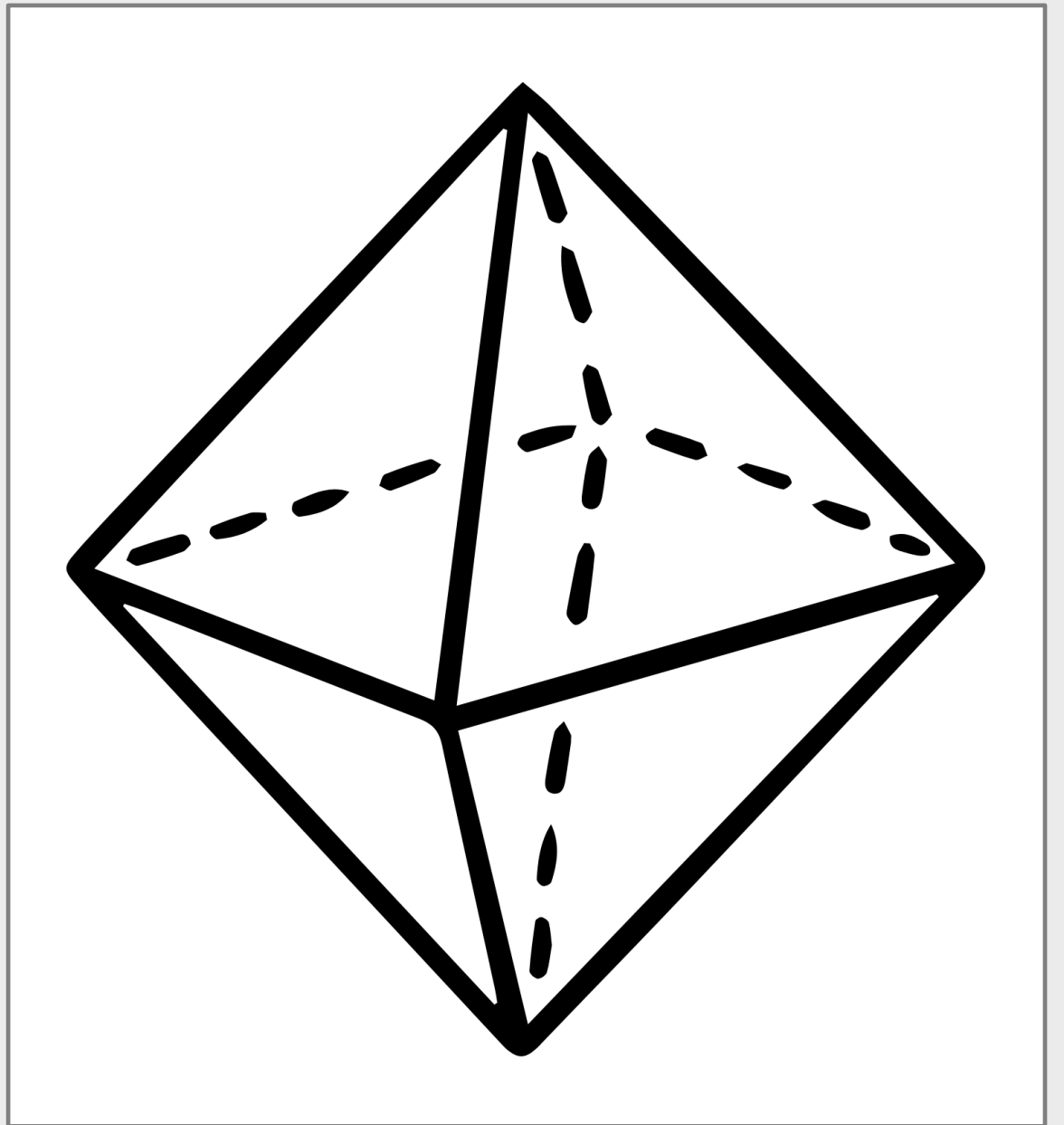
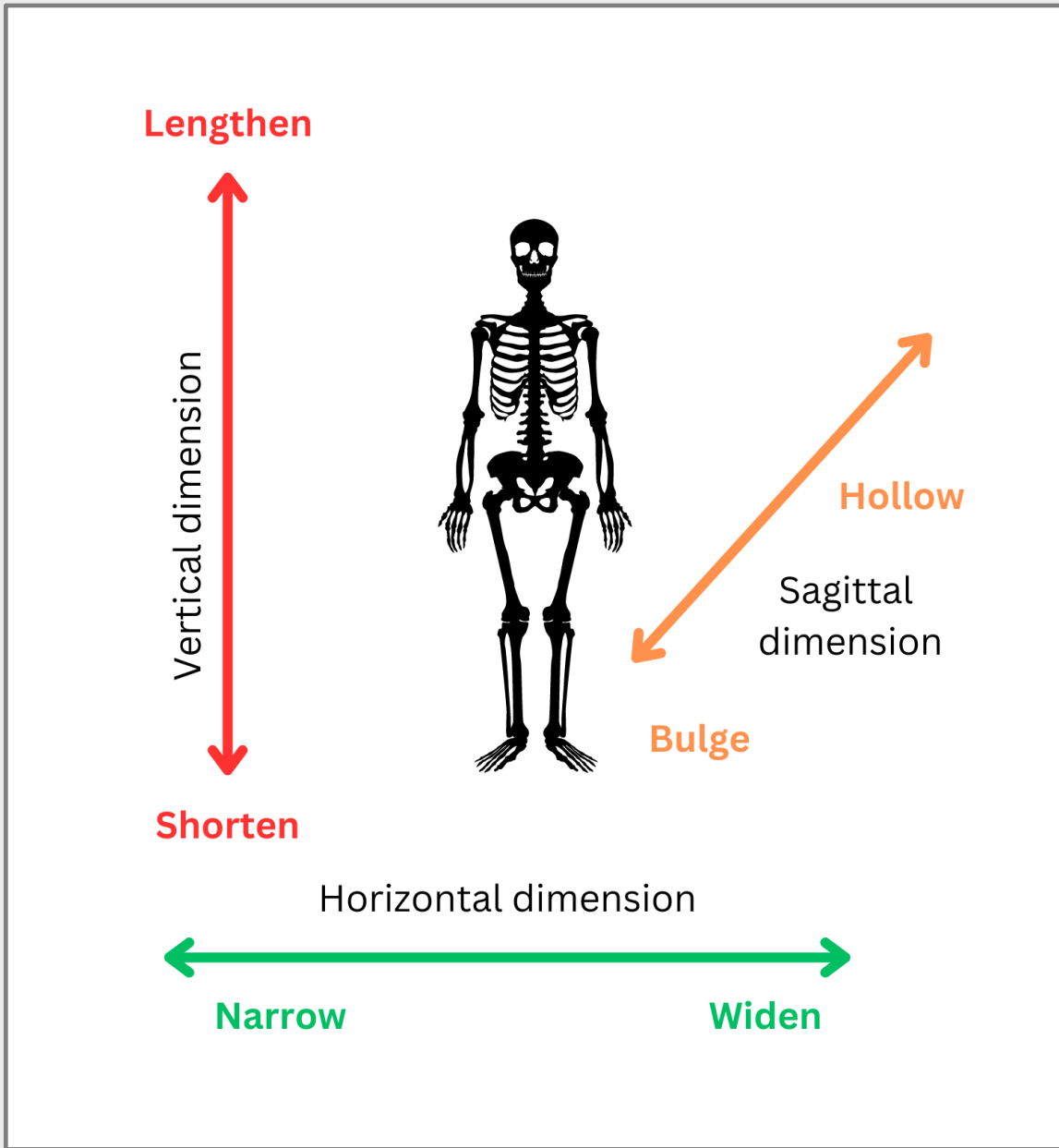


Songlines—walking routes of Australia's First Peoples memorized by connecting earth and sky landmarks through songs

Linear Connections - Octahedron

Exploration of single dimensions





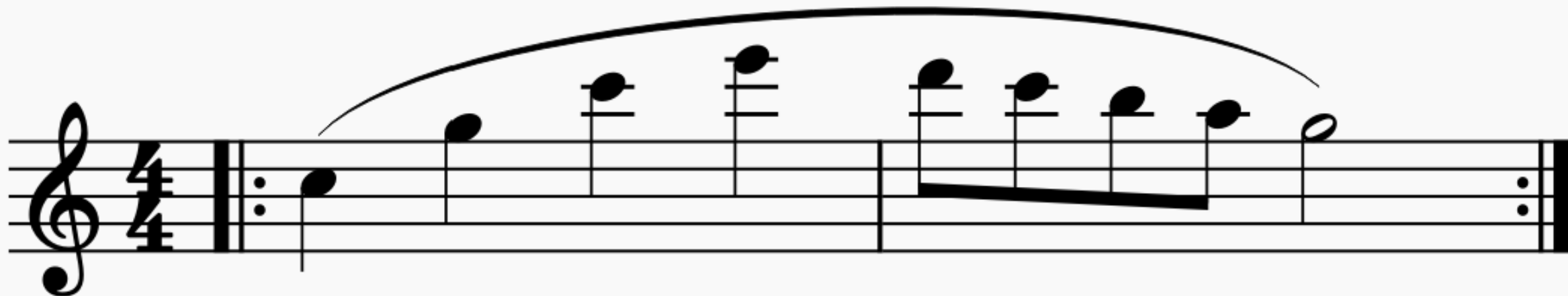
Vertical Dimension



Horizontal Dimension

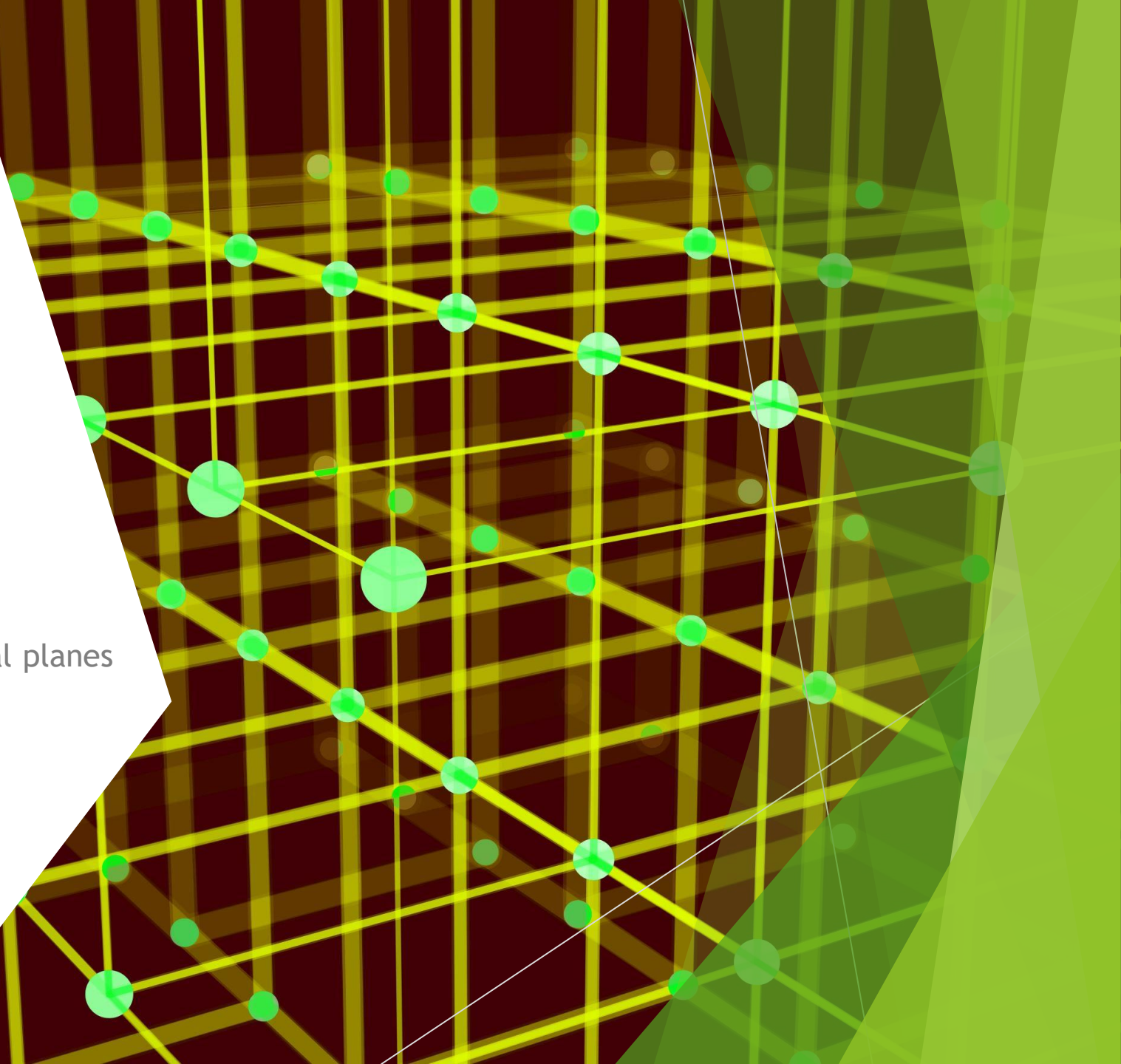


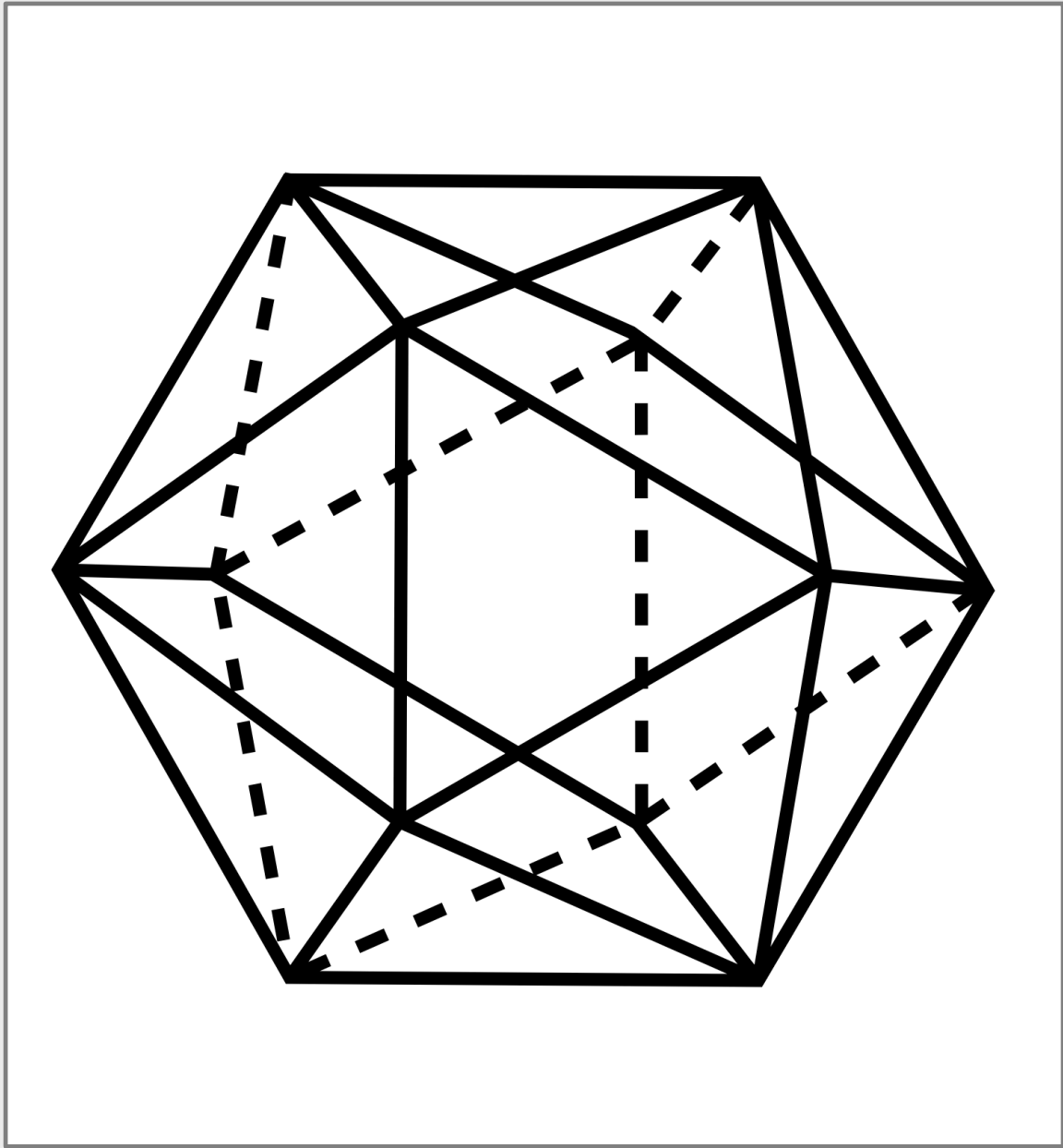
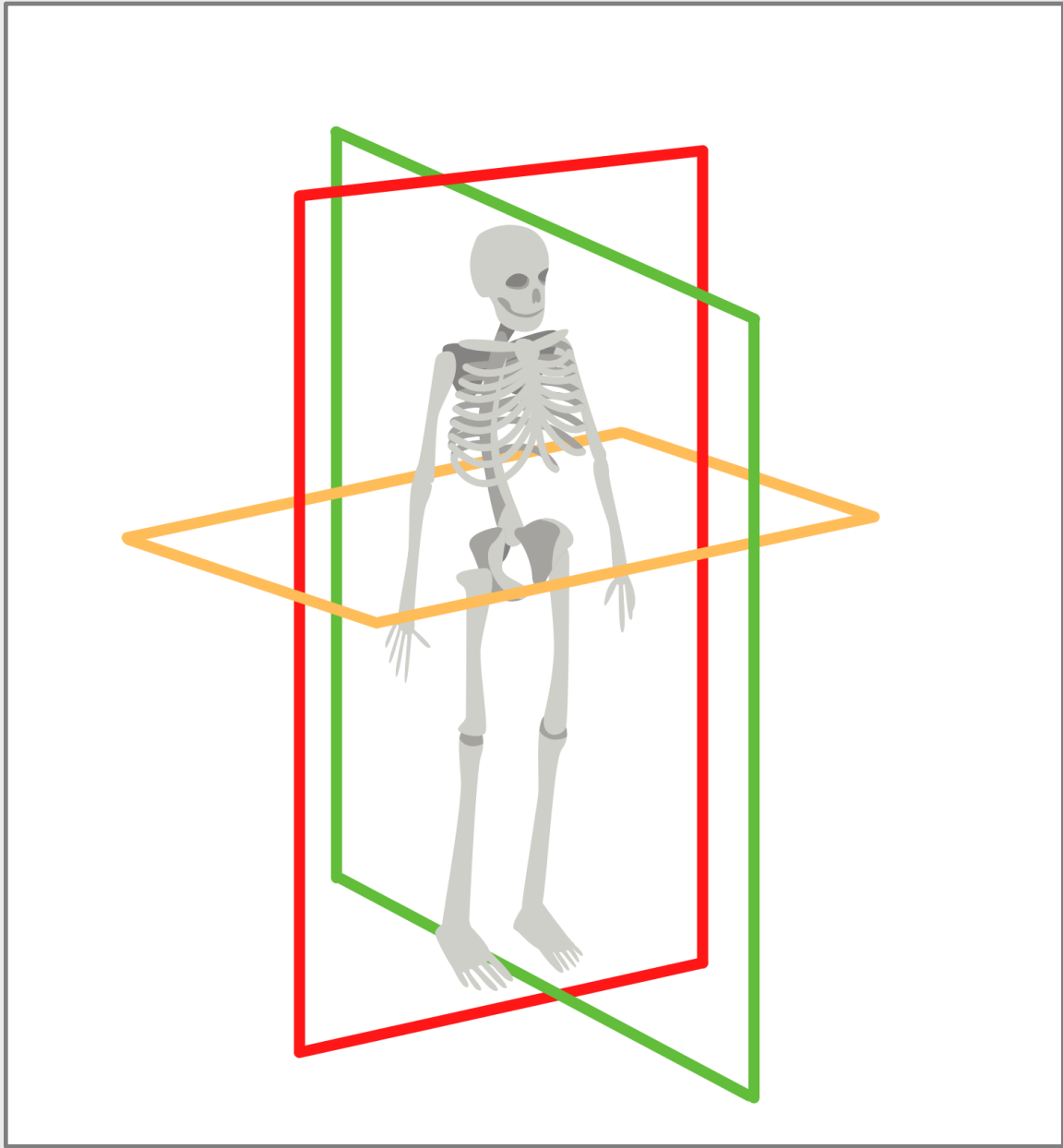
Sagittal Dimension



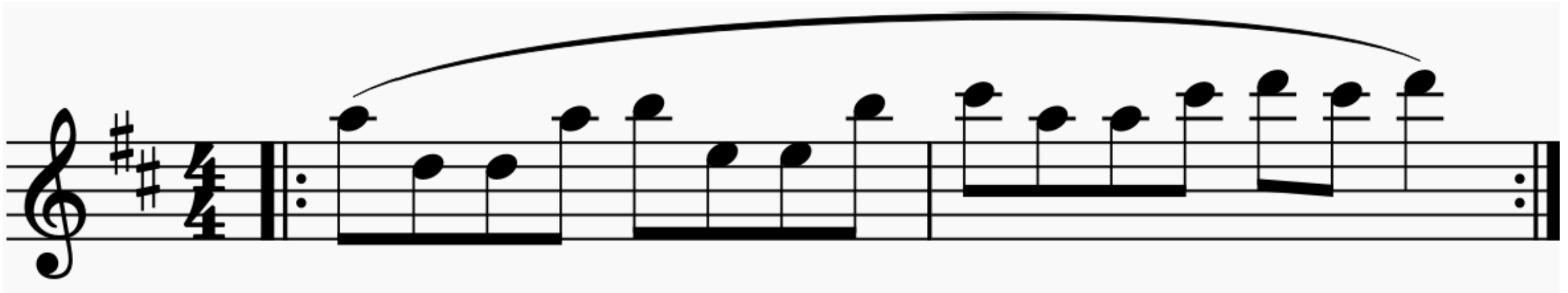
Planar movement - Icosahedron

Exploration of two-dimensional planes





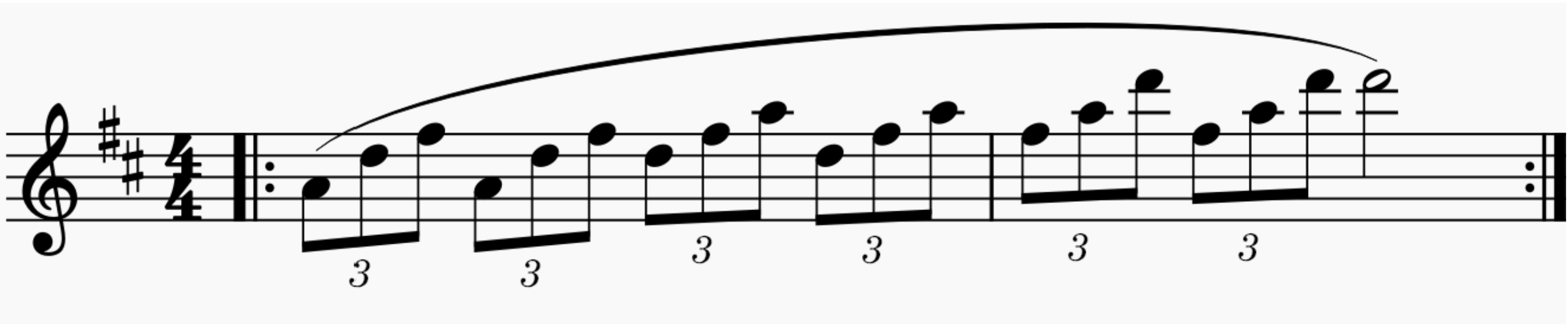
Vertical Plane



Horizontal Plane

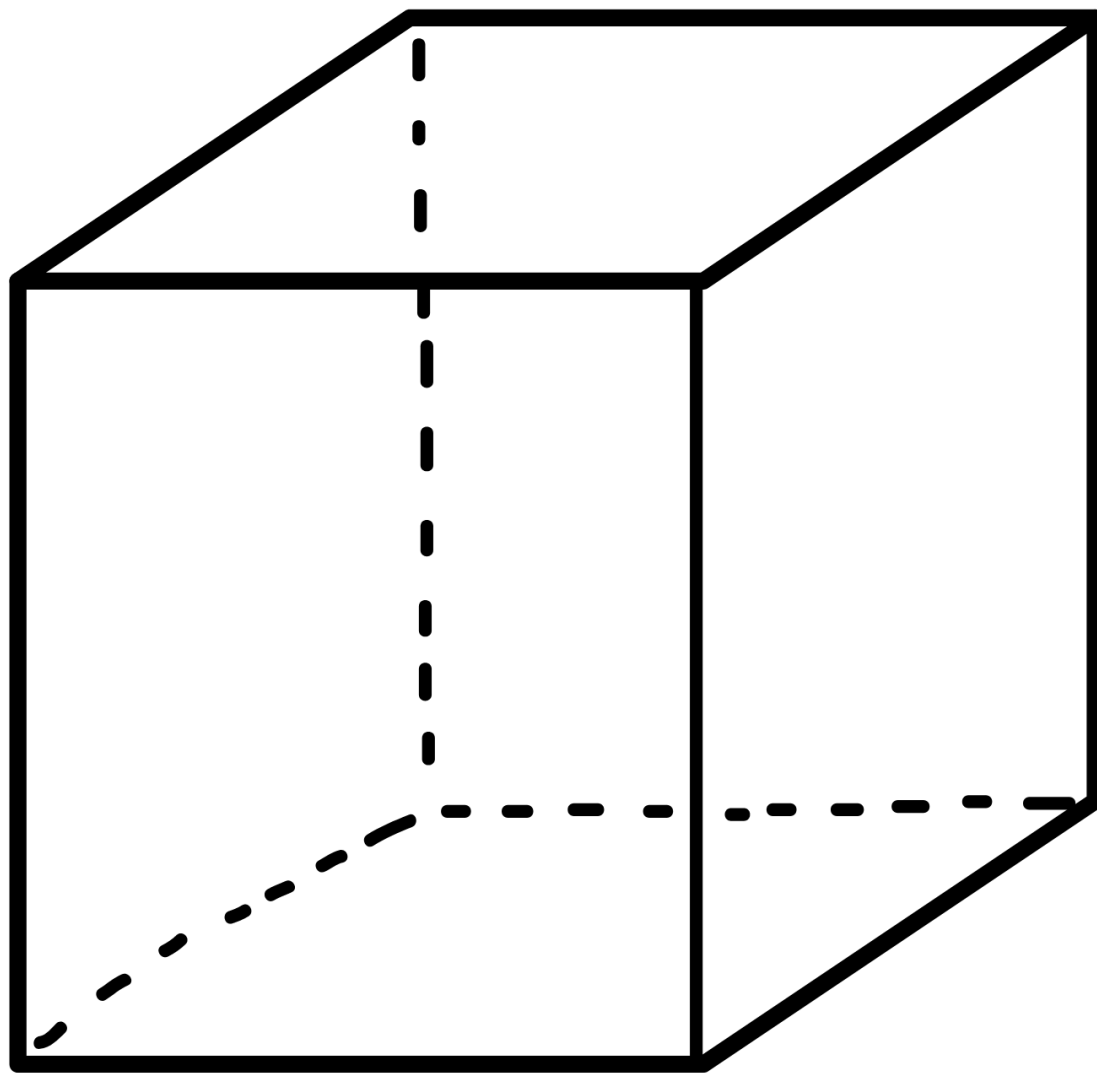


Sagittal Plane



Diagonals - Cube

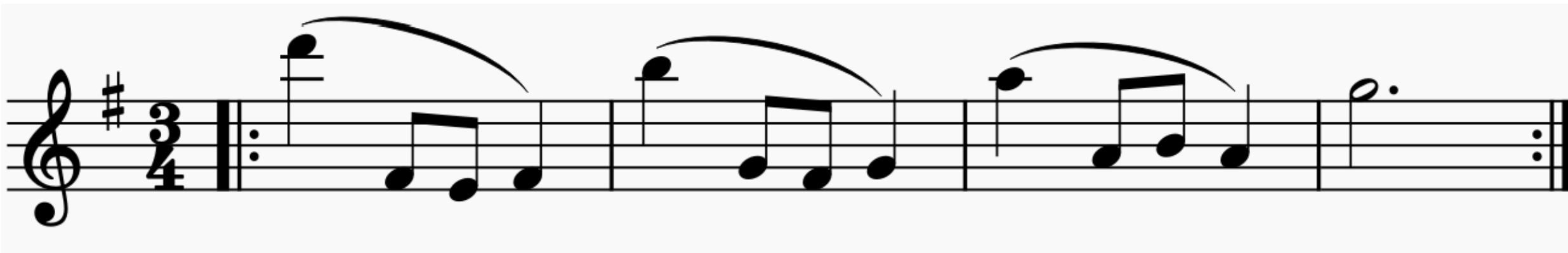
Exploration of three-dimensional pulls



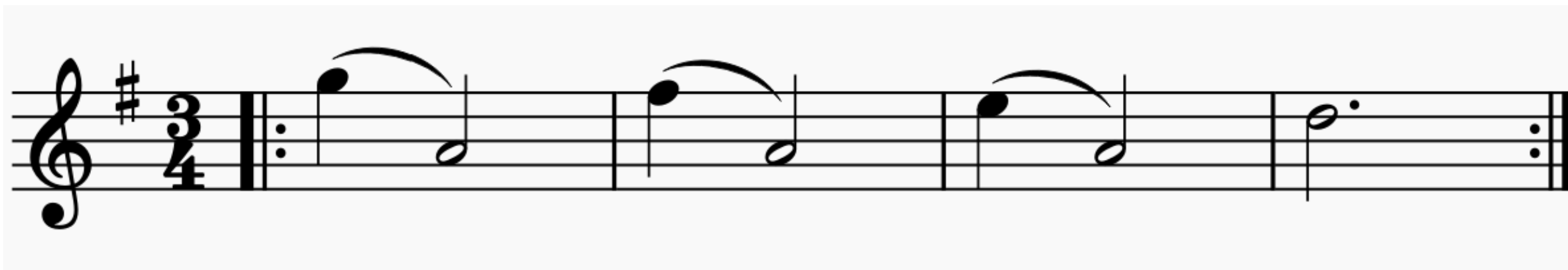
Diagonals



Diagonals



Diagonals



Spiral forms in nature



Spiral Forms and Rotation





Songlines

Walking routes of Australia's First Peoples memorized by connecting earth and sky landmarks through songs.



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